



## Wellbeing & Cooking Break in Tuscany. Stay in 4\* Hotel in Montecatini Terme with Italian Cooking Class & Thermal Spa Entry Included!!

ActivityBreaks.com

Product Ref:  
10556

from  
**\$191pp**

Become an Italian chef for a day! Enjoy a cooking lesson followed by lunch in the beautiful Spa town of Montecatini, 30 minutes from Pisa. Here you can learn more about Tuscan Cooking and Italian wine. During your break you can enjoy a hydro massage in the thermal pool of the Grotta Guisti - one of the best Spa's in Tuscany.

### Introduction

Park Hotel Le Sorgenti is in a traditional setting of a typical 18th century Tuscan Villa in the peaceful surroundings of a large park with swimming pool and private parking facilities.

The high level restaurant serves genuine and fresh food, meeting up to 4 star Hotel standards. The restaurant pay special attention to diet requirements of the guests.

The bedrooms viewing over flourishing Italian style garden. They are all with air conditioning, telephone, colour TV and mini bar. The Hotel is ca. 40 km from Pisa airport.

### Location

The hotel is just 5 minutes walking from the central train station of Montecatini and close to nice pubs and good local restaurants.

We suggest to arrive at Pisa or Florence airports. The town of Montecatini has a very central position in Tuscany region and from here you can easily reach the bigger towns of art like Pisa, Florence, Siena, Lucca, San Gimignano and Vinci. Private transfers can be arranged from the airport. Pisa - one way 95 euro/return 180 euro.

#### What's Included

- Cooking class with our Italian Chef
- Delightful lunch with Tuscan specialities
- Free entrance to the pool of the hotel
- Free entrance in the thermal swimming pool of the Grotta Spa

#### Not Included

- Transfers
- Travel Insurance
- Car Hire
- Flights
- Travel Insurance

### Description

On this break you can learn more about Italian cooking, but also explore one of the most famous well-being Spa towns in Tuscany: Montecatini Terme. In the resort town there are many famous designers shops. The resort is paradise for wellness and relaxation as there are a lot of Spa centres. One more reason to choose Montecatini is the distance: just 30 minutes by low cost train from Pisa and Florence airports/towns. On this break it will be easy for you to combine relaxing spa days, delicious cooking class and why not some guided tours in Tuscany. Private and group Tours to Florence, Siena, Pisa, Lucca, S.Gimignano are available on request.

Included in the package:

- Accommodation in 4\* Hotel with breakfast included
- Cooking class with our Italian Chef
- Delightful lunch with Tuscan specialities
- Free entrance to the pool of the hotel
- Free entrance in the thermal swimming pool of the Grotta Spa

The cooking lesson

Our Chef will meet you in the kitchen where he will explain the recipes and cook with you. You will learn to cook the most original Italian recipes. Here is an example of the menu:

- Bruschetta with tomato and Basil
- Spaghetti Bolognese or home made pasta with mushrooms sauce
- Rabbit with olives and vegetables
- Tiramisu or Grandmother cake

This is just an example of what you can prepare. Different menus are offered in the different seasons. If you are vegetarian you can design a special menu with the Chef. After the class you will enjoy the meal with a glass of wine. The classes are usually in small groups of not more than 8 participants.

The Thermal Waters:

The thermal water of the Grotta natural spring is a mineral water containing bicarbonate, sulphate, chloride, magnesium and calcium and reaches the surface at a temperature of 34-35 °c.

If you prefer to combine your Day Spa in thermal pool of the Grotta with a relaxing massage we suggest you to book it in advance (ask the supplier once you book your break). There may be a small charge for the transfer to the spa which is 10 minutes drive away, this will be confirmed once you have booked.

Here are some Daily Tuscany Group Tours you can choose to book before your arrival. Ask the supplier once you book your break.

**Monday - FLORENCE - Full day tour- &euro;69 euro** Discover the suggestive corners of Florence! Visit the Cathedral, Giotto's bell tower and the Baptistery with the famous Gate of Paradise. Next stop-Piazza della Signoria and the "Jeweller's bridge";&ndash;Ponte Vecchio, where it is well worth making a stop to admire the splendid contents in the old jeweller's shops. Quick entrance to the Uffizi Gallery is included and prebooked too.

**Tuesday - CINQUE TERRE - Full day tour- &euro;69 euro** Travelling by boat around the "Five Lands"; and making photos of the Mediterranean's most picturesque seaside villages. During this fabulous day-long tour you can swim in the sea, admiring the pretty hillside and the stunning view in front of you. Local wine tasting included.

**Wednesday - SIENA-SAN GIMIGNANO&ndash;Full day tour&ndash; &euro;70 euro** Walk through the narrow ancient streets of Siena and discover the most beautiful square in Europe: Il Campo. Siena has one of the most beautiful Cathedrals in Tuscany and the famous Music Accademia. After some free time for lunch we'll follow through the countryside of the Chianti area among the beautiful hills of vineyards to S.Gimignano. This is the town of the fair towers. There will be a guided wine tasting tour of the best extra virgin olive oil and the famous Chianti wines.

**Thursday &ndash; VINCI & WINE Tasting &ndash; Half day tour- &euro;49 euro** Wonderful tour for those who want to combine art and wine! Visit to Leonardo's house and the museum with his inventions. Stop in a big farmhouse, drink Chianti wine and taste good olive-oil with bruschetta.

**Friday - PISA - Half day tour- &euro;55 euro** See the Leaning Tower of Pisa. Admire from Piazza Dei Miracoli the Baptistery and the Cathedral, a masterpiece of Romanesque style.

**Saturday - LUCCA- Half day tour &ndash; &euro;50 euro** Lucca is the "City of the hundred churches";, medieval towers and the Roman Amphitheatre. A good place for shopping too.

## Accommodation



### Accommodation Location

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## Accommodation Facilities

- 24 Hour Reception
- Cafe/Bar
- Children's Outdoor play area
- Conference Facilities
- Games Area
- Garden Area
- Ironing and dry cleaning service
- Left Luggage Area
- Restaurant
- Safety Deposit Box
- Supermarket
- Tennis Court
- Terrace

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## Contact us:

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Details accurate as of 22 May 2012. This product is subject to change at any time with no prior notice.